

APPENDIX



2nd school-based

Pierre de Coubertin Award 2014

Target group: pupils of year 9 (14-15 years), **Team 1-4**
= **78 pupils**
pupils of year 10 (15-16 years), **Team 5-8**
= **69 pupils**

Duration: 2 project days

Date: 12th and 13th February 2014

Objectives: Acquisition of knowledge about the history of the Olympic Movement, Discussion on Olympic Values, competitions for the best of year 9 and 10

Disciplines: - Olympic knowledge (Knowledge Test)
- Sports competitions
- Artistic creativity (Music workshop: rehearsal of an Olympic anthem)
- Discussion on Olympic Values
- Social performance

Realisation: as 7 bilingual modules (sports theory, history, biology, music, ethics in combination with English)

Award: Certificate, the first three will be nominated for the Piešťany-Team
(10th Youth Forum of Coubertin-Schools in 2015)

The 8 teams (ca. 18 pupils each) will be named after Olympic mascots.

Due to the large group of **147 pupils in total**, the competitions will be organised in form of parallel workshops.

The social performance has to be handed in as a signed paper by February 10th 2014

e.g.: - active participation in the school's project choir or in the school band
- support of the organisation of local sports competitions, umpiring
- active member of a youth fire brigade of the community
- help for elderly or handicapped people etc.

Fig. 9: Second school-based Pierre de Coubertin Award at Coubertin Sports School Erfurt, announcement to participants and volunteers (English translation by the author)

**School-based
Pierre de Coubertin Award
Pierre-de-Coubertin-Gymnasium Erfurt
12th and 13th February 2014**



**Pierre de Coubertin Award
Social Performance**

All students must undertake an activity which benefits their community. Working with elderly people, coaching groups of young children in sports, supporting the organisation of sports events, participating in the school band or the fire brigade in the home town or village, engaging in an environmental project or any other form of voluntary service are considered acceptable.

According to the rules of the school-based ***Pierre de Coubertin Award 2014*** at
Pierre-de-Coubertin-Gymnasium Erfurt

the student

has accomplished from until

Community service (a social performance) as follows:

.....
.....
.....

.....

Signature

Seal

.....
Date

Fig. 10: Second school-based Pierre de Coubertin Award at Coubertin Sports School Erfurt, Certificate of Social performance
(English translation by the author)

Certificate

**On occasion of the
3rd School-based Pierre de Coubertin Award
on 12th /13th February 2014**

The student

.....

has successfully completed all the five categories of the

Pierre de Coubertin Award:

Category 1 "Social Performance"

Category 2 "Olympic Knowledge"

Category 3 "Sporting Performance"

Category 4 "Cultural Performance"

Category 5 "Discussion on Olympic Values".

**Joachim Rauch
Head of School**

**Dr. Ines Nikolaus
Project Leader**

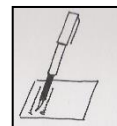
Fig. 11: Second school-based Pierre de Coubertin Award at Coubertin Sports School Erfurt, Participant's Certificate (English translation by the author)

Excerpts from the Knowledge Test

a) The Coubertin Quiz⁵³

“Pierre de Coubertin - Life and Work of a Humanist”

The Official CIPC Quiz



More languages are available on DVD or under www.coubertin.net .

Please tick only one answer!

1. Pierre de Coubertin was born on January 1st 1863:

- a) in France
- b) in Switzerland
- c) in Greece.

2. Coubertin was an enthusiastic sportsman. He liked practising the following sports himself:

- a) rowing, tennis, fencing
- b) riding, fencing, modern pentathlon
- c) rugby, rowing, ski-jumping.

3. With his quotation, “All sports, possibilities for all...” Coubertin fought for the first time for the inclusion of:

- a) young workers
- b) young nobles (aristocrats)
- c) girls and women into sports practice.

4. Pierre de Coubertin was not only an enthusiastic sportsman, but also a talented artist. One field, in which his father especially inspired him, was:

- a) music
- b) literature
- c) painting.

5. It was Coubertin’s wish that artistic presentations and competitions should accompany the Olympic Games. He especially wanted to see the following disciplines combined with the Olympic Games:

- a) literature, music, architecture, photography and painting
- b) literature, music, dance, sculpture and painting
- c) literature, painting, music, architecture and sculpture.

6. For fifty years, Coubertin dedicated his life to reform the educational system. He saw himself as:

- a) a minister of education
- b) an educator
- c) a coach.

7. One of the less known sides of Coubertin’s work is his work as a historian. He believed that the values of culture and history should be taught in the early years in order to:

- a) be able to introduce new kinds of sports
- b) develop respect for ancestors
- c) increase the progress of society.

⁵³ COUBERTIN-GYMNASIUM-ERFURT (Ed.): *Coubertin Academy*. Erfurt 2007, 45-46.

8. A large quantity of Coubertin's work is printed on nearly 15,000 pages. His most extensive work was:

- a) his "Ode to Sport" (written in two languages) for which he won the Olympic gold medal for literature in Stockholm, 1912
- b) his novel "Roman d'un Raillé" (Novel of a philosopher of the enlightenment) which had deep autobiographical characteristics
- c) his "World History" in four volumes.

9. In many sectors of life, Pierre de Coubertin was a forerunner, precursor and revolutionary of his epoch. The following five visions that he established more than 100 years ago might also belong to the third millennium:

- a) Sport for All/ Social Justice/ World Peace/ Friendship among Nations/ Reformation of the Educational System
- b) Sport for All/ Equality for Women in Sport/ World Peace/ Friendship among Nations/ Reformation of the Educational System
- c) Friendship among Nations/ World Peace/ Social Justice/ Fight against Terrorism/ Sport for All.

10. The modern Olympic Games were designed by Coubertin following:

- a) the example of the Romans
- b) the Greek model
- c) the human rights proclaimed in the French Revolution in 1789.

11. In 1894 Coubertin founded the IOC. He himself was:

- a) the first IOC President
- b) the second IOC President
- c) the third IOC President.

12. The first Olympic Winter Games were held in Chamonix in 1924. This was in:

- a) France
- b) Switzerland
- c) Italy.⁵⁴



⁵⁴ Solutions: 1a, 2a, 3a, 4c, 5a, 6b, 7c, 8c, 9a, 10b, 11b, 12a.

b) Excerpts from the Knowledge Tests



*Second Pierre de Coubertin Award
Pierre-de-Coubertin-Gymnasium Erfurt 2014*

Olympic Knowledge Test form 9

Before you start to answer the questions, please write down your name and your team:

Name: **Team:**

1. Which were the events of the Ancient Olympic Games? *(Please tick the right events)*

The Ancient Olympic Games consisted of the following events:

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Running | <input type="checkbox"/> Pole vault (Stabhochsprung) |
| <input type="checkbox"/> Pentathlon | <input type="checkbox"/> Long jump |
| <input type="checkbox"/> Discus | <input type="checkbox"/> Hammer |
| <input type="checkbox"/> Javelin | <input type="checkbox"/> Wrestling |
| <input type="checkbox"/> Judo | <input type="checkbox"/> Boxing |
| <input type="checkbox"/> Pancration | <input type="checkbox"/> Sailing |
| <input type="checkbox"/> Swimming | <input type="checkbox"/> Horse Racing |

2. To which God were the Ancient Olympic Games designated *(gewidmet)? (Tick the right answer)*

- | | |
|---------------------------------|-----------------------------------|
| <input type="checkbox"/> Hera | <input type="checkbox"/> Zeus |
| <input type="checkbox"/> Apollo | <input type="checkbox"/> Poseidon |

3. Do the modern Olympic Games have the same number of sports like the Ancient Olympic Games? *(Tick the right answer)*

- ☐ Yes ☐ No

4. Were women participating in the Ancient Olympic Games? *(Tick the right answer)*

- ☐ Yes ☐ No

...

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7. When did Pierre de Coubertin, the founder of the modern Olympics, live? *(Tick the right answer)*

- ☐ 1863-1937 ☐ 1937-2003 ☐ 1837-1912

8. Who was the winner of the Marathon at the 1st Modern Olympic Games in 1896? *(Tick the right answer)*

- ☐ Carl Lewis ☐ Abebe Bikila ☐ Spiridon Louis

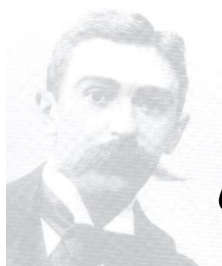
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11. Olympic Values are... *(give 4 examples)*

- 1) 2)
3) 4)

...

28. **Bananas are**
- a) a source of energy
 - b) packed with potassium
 - c) convenient and cost-effective
29. **A balanced diet requires**
- a) only fruits and vegetables
 - b) variety of food choices from each of the food groups
 - c) only milk products.



Second Pierre de Coubertin Award
Pierre-de-Coubertin-Gymnasium Erfurt 2014

Olympic Knowledge Test form 10⁵⁵

Before you start to answer the questions, please write down your name and your team:

Name: **Team:**

1. **The ancient Olympic Games were the oldest Panhellenic Games. When did they take place for the first time? (Tick the right answer)**
- a) in 677 BC b) in 767 BC c) in 776 BC
- ...
4. **The Olympic Games took place every four years in**
- a) spring (May-June) b) summer (July -August) c) autumn (September-October)
5. **Were women participating in the Ancient Olympic Games?**
- () Yes () No
6. **There was only one event at the first Olympic Games - the**
- a) Dromos b) Diaulos c) Dolichos
7. **What was the so-called Hoplitodromos ?**
- a) horseracing b) race in arms c) stadium foot-race
- ...

⁵⁵ Since it is really difficult to find a suitable number of questions on basic Olympic knowledge, easily to be understood in English, we only want to offer some examples for an idea of a Knowledge Test to be spread via the online platform. You will surely find more questions appropriate to your students.

10. Why did the Roman Emperor Theodosius abolish the Olympic Games in 393 AD?

- a) because of a dislike for athletes and competitions
- b) because the Olympic Games were held in the sanctuary of a pagan god
- c) because the athletes were rude during the competitions.

...

15. In which year did Coubertin become IOC President?

- ☐ 1856 ☐ 1876 ☐ 1896 ☐ 1906

16. In which year did the Olympic Torch Relay take place for the first time?

- ☐ 1912 ☐ 1928 ☐ 1936 ☐ 1980

...

21. In which cities were the last two modern Olympic Games held?

- ☐ Sydney ☐ London
☐ Beijing ☐ Athens

22. Where did the first Olympic Winter Games take place?

- ☐ Chamonix / France ☐ Vancouver / Canada
☐ Innsbruck / Austria ☐ Lillehammer / Norway

23. Where are the 22nd Olympic Winter Games being held at the moment?

town: **country:**

24. Where will the Olympic Winter Games be held in 2018?

town: **country:**

25. Which town was elected as Olympic City to host the Olympic Games in 2016? (Write down the name of the city)

.....

26. What does the abbreviation "IOC" stand for?

I O C

27. When was it founded? (Write down the year)

.....

28. What is the family name of the present IOC President?

.....

Other materials

5.5 Road to Success – A Song⁵⁶



Text: Marina Keß (18 years)
Music: Exit Rock, Matthias Reinhardt-Wolff
Interpretation: Exit Rock School Band Erfurt

Road to success

You've got a dream
To get appreciation,
To be known all over the world,
To never be forgotten.
Your dream is to be the best sportsman in the whole world.

But this is not easy.
You have to train hard.
You mustn't be lazy
Till the end and from the start.

At training you're sweating,
At competitions you're meeting
Other sportsmen and maybe new friends.
That's a reason to dance.

You've got a great day.
You win everything.
Because of joy your body sways.
You are in joyful swing!

Are you really the best?
Here's your next test:
A competition, a bigger one.
But also that you had done.

Applause, you are the champion
And you've had plenty of success.

Your next competition: international.
You're excited and nervous.
But you are a trained professional.
You take it very serious.

You had to fight hard
For your first international title.
Now you're at the start.
The road to success isn't easy.

The others are very good,
But ... you are better. You win.
On your position you stay put.
Your extraordinary success is nearly a sin.

At the moment the world's best are you.
You know how hard it was to do.
And the expectation grew –
Because:
The next title is waiting for you.



⁵⁶ COUBERTIN-GYMNASIUM-ERFURT (Ed.): *Coubertin Academy*. Erfurt 2007, 128.

Worksheets for the guided self-study
a) Guided self-study in the classroom

- 1. Create a timeline on life and works of Pierre de Coubertin. Learn the facts by heart.**
- 2. Complete the following table and learn the host cities of the Olympic Games by heart! Each Games occur only once!**

Host city of the Olympic Games	Country	Year
		1896
Sydney		
Los Angeles		
		2010
Munich		
	China	
Chamonix		
		2020
		2016
London		
Turin		
	Russia	
PyeongChang		
		1936
		2012
	Greece	
Lillehammer		
Paris		

b) Guided self-study in the computer studies room

I. Create a timeline on life and works of Pierre de Coubertin. Learn the facts by heart.

II. Match the names, mascots and places.

WENLOCK



SYDNEY 2000

KRISTIN AND HAKON



CALGARY 1988

ATHENA



LILLEHAMMER 1994

SUKKI, LEKKI, NOKKI AND
TSUKKI



NAGANO 1998

VUCKO



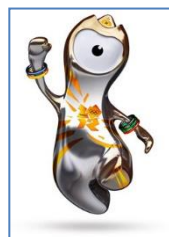
SARAJEVO 1984

OLLIE, SYD, MILLIE, FATSO



BEIJING 2008

HIDY AND HOWDY



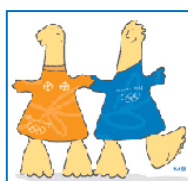
RIO DE JANEIRO 2016

VINICIUS



ATHENS 2004

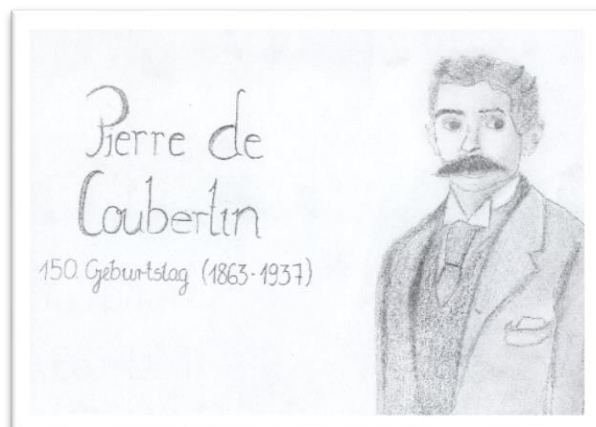
BEIBEI, JINGJING, HUANHUAN
YINGYING, NINI



LONDON 2012

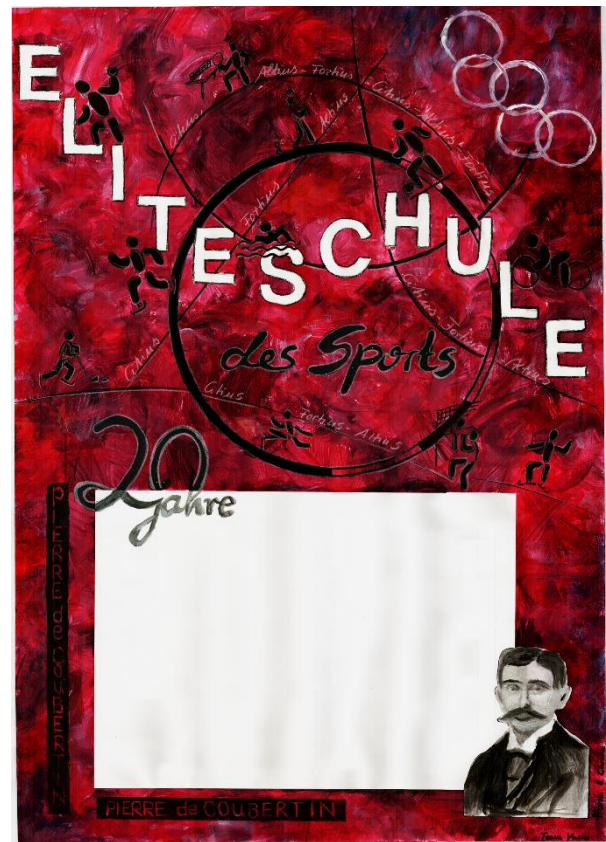
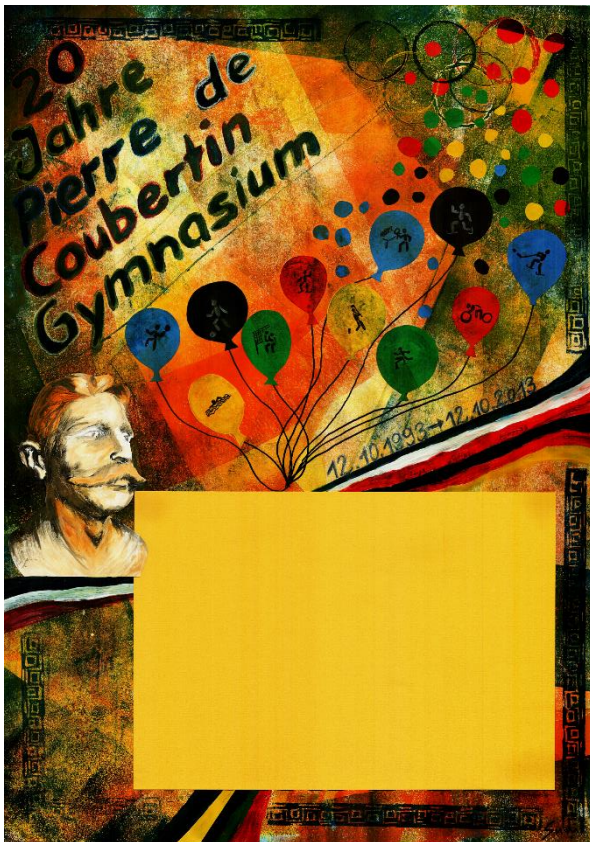
Art workshop 2012

- a) 9th form: Creating postcards on occasion of Coubertin's 150th anniversary of birth and the 20th anniversary of the nomination ceremony to become a Coubertin School⁵⁷



⁵⁷ Photos 12-16: Marek Bojakowski (workshop leader)

- b) 10th form: Creating posters to be used to announce different events of the school community⁵⁸



The free fields offered space to announce, for example, Parents' meetings, the Charity Day, the Day of Open Doors or several Olympic activities.

⁵⁸ Photos 17-19: Elke Schneider (workshop leader)

An Olympic Day in the School at Erfurt Sports School

In 2014 the following workshops were organised for the 250 children and youths from classes 5-8:

Area of learning	Workshops	Class
Knowledge	1. Language Games Olympics (English)	5 and 6 10-12 years
	2. The Ancient Olympics	5 and 6 10-12 years
	3. Olympic Sports/Host cities (English/Russian)	7 and 8 13-14 years
	4. Olympic Calculating	7 and 8 13-14 years
Music/ Arts	1. Making Olympic Buttons	for all
	2. Decorating Ancient Vases	5 and 6 10-12 years
	3. Arts Workshop: Movements in Sports	7 and 8 13-14 years
	4. Olympic Poetry Workshop	7 and 8 13-14 years
Sports	1. Joy of Effort: Sports Games after Johann Christoph Friedrich GutsMuths	5 and 6 10-12 years
	2. Team Spirit: Teamskiing	7 and 8 13-14 years
	3. Respect for Others: Paralympic Sports	7 and 8 13-14 years
	4. Striving for Excellence: Biathlon (Running and Throwing)	7 and 8 13-14 years

Fig. 20: Olympic Day at Coubertin-Gymnasium 2014: Workshops for different areas of learning and age groups

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